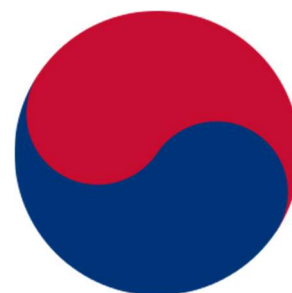


Taeguk Poomsae

The eight first poomsae are Taeguk Il-jang to Taeguk Pal-jang. Taeguk is the name of the “jin and jang” symbol. Il-jang to Pal-jang can literally be translated to First chapter to Eight chapter. Each of the Taeguk Poomsae represent one of the eight divination signs from the book of changes (I Ching) which is an important religious text in Confucianism and Taoism. Four of the eight deviation signs are represented in the Korean flag, as the four symbols around the Taeguk sign.



Name	Translation	Representing	Symbolizing	Meaning of symbol
Il-jang	First chapter	Keon	Heaven and yang	Beginning and creation of all things
I-jang	Second chapter	Tae	Lake	Inner firmness and outer softness
Sam-jang	Third chapter	Yi	Fire	Hot and bright
Sah-jang	Fourth chapter	Jin	Thunder	Great power and dignity
Oh-jang	Fifth chapter	Son	Wind	Might force and calmness according to strengths and weaknesses
Yuk-jang	Sixth chapter	Kam	Water	Incessant flow and softness
Chil-jang	Seventh chapter	Kan	Mountain	Ponderosity and firmness
Pal-jang	Eight chapter	Kon	Earth and Yin	Root and settlement, and also beginning and the end.

Dan Poomsae

Level	Belt	Form Name	Meaning of Name	Floor Pattern	Meaning of Symbol	Symbol	Characteristic of a Master
1 st Dan		Koryo 고려	Ancient name for “Korea”		seonbi “wise elder”	士	Wise
2 nd Dan		Keumgang 금강	Diamond Mountain ¹		mountain	山	Unbreakable
3 rd Dan		Taebaek 태백	Ultimate Brightness ²		bridge between heaven and earth	工	Spiritual
4 th Dan		Pyeongwon 평원	Vast Plain		the plain	一	Peaceful
5 th Dan		Sipjin 십진	The ten eternal entities ³		ten	十	Long-lived, Healthy
6 th Dan		Jitae 지태	Man looking to the sky		Man on earth, looking to the sky	丄	Self-reliant, Leaving a legacy
7 th Dan		Cheonkwon 천권	Heavenly Might		Man descending from the heavens	丅	Pious
8 th Dan		Hansoo 한수	Water		water	水	Adaptable, Fluid
9 th Dan		Ilyeo 일여	Oneness		oneness (Buddhism)	卍	Harmonious